

# Summer into Autumn Nature on the Heath

Hampstead Heath and Kenwood managed by the City of London Corporation and English Heritage are central London's most nature-rich landscapes. Explore their meadow, woodland and wetland habitats and rich diversity of animals and plants.

## Resting Migrants

Beginning in August, migrating birds stop and feed on the Heath before crossing the Channel. Stonechats may be heading for France, while Redstarts and Wheatears will winter in West Africa.



Stonechat

Photo: Adam Peczak



Redstart

Photo: Ken Wong



Wheatear

Photo: Ken Copsey

## Bothering Buzzards

As they glide and call over the summer Heath, our Buzzard family rarely avoids a mobbing by other birds, even other birds of prey.



Buzzard

Photo: Nick Lindstrom



Migrant Hawker

Photo: Adam Brooker

## Woodland Predators

Migrant Hawkers hunt widely in Autumn woods for insect prey. Before winter, they will mate and lay eggs in Heath ponds.

## Woolly Mowers

In September, see sheep on the Heath Extension. Sheep graze meadows without damaging the mounds made by Yellow Meadow Ants, which support Green Woodpeckers.



Sheep

Photo: John Beyer



Green Woodpecker

Photo: Alex Tomlin

Be nature aware



DANGER Possible blue-green algae in ponds



PROTECT WILDLIFE Dogs on leads or well-controlled



HEATH FUNGI Enjoy but don't pick!



NO FIRES or BBQS Help prevent wildfires



SAVE POND LIFE Swim dogs only in designated ponds



PROTECT NATURE Swim in swimming ponds only



Scan to learn more about biodiversity conservation and how you can get involved.



The Heath & Hampstead Society

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In collaboration with:



Hampstead Heath

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LONDON NATURAL HISTORY SOCIETY