

Winter into Spring Nature on the Heath

Hampstead Heath and Kenwood managed by the City of London Corporation and English Heritage are central London's most nature-rich landscapes. Explore their meadow, woodland and wetland habitats and rich diversity of animals and plants.

Sandy Heath's Frog Nursery

The unusual iron pan ponds on Sandy Heath are entirely rain-fed. In Spring they host large numbers of breeding frogs.



Photo: Adrian Brooker

A Flash of Blue

Kingfishers are now breeding on both the Highgate and Hampstead chains of ponds. Keep an eye out as they flash by to and from their pondside nests.



Photo: Catriona Thomson

Island Sanctuary

Donations have made possible creation of a new island wildlife refuge on the Model Boating Pond by removing the land bridge to the mainland.

Around the new island, birds like Great Crested Grebe, will be able to court and nest in safety.



Photo: Ken Wong

Spring Messenger

The Dark-edged Bee-fly is one of the first Spring visitors to the Blackthorn blooms in our hedgerows.



Photo: Ken Caspary



Photo: Adrian Brooker

Join in!



Photo: Dave Perrett

In Spring and throughout the year, our organizations offer nature walks on the Heath. Above, birdwatchers look for winter waterfowl. Right, families join a guided summer spider foray.



Photo: Teresa Pullarova



Photo: Milo Dawes



Photo: Monica Dawes

All of the photos on this year's boards are taken on the Heath!

Are you a keen nature photographer? Several of our organizations below hold Heath photo competitions. Scan the QR code below to learn more about them and how to join nature activities.

Be nature aware



BIRDS NESTING
Dogs on leads or well-controlled



AVOID CONTACT
Watch out for Oak Processionary Moth



DANGER
Possible blue-green algae in ponds



NO FIRES or BBQS
Help prevent wildfires



SAVE POND LIFE
Swim dogs only in designated ponds



FROG LETS MIGRATING
Watch your step



The Heath & Hampstead Society

Est. 1897

Registered Charity

In collaboration with:



Hampstead Heath

Registered Charity



LONDON NATURAL HISTORY SOCIETY



Scan to learn more about biodiversity conservation and how you can get involved.

